Isn't it time we saw the whole woman?



Your body, heart and mind are interconnected.

We believe it is time women's health services were too. To ensure your total wellbeing, the WOMEN Centre has a team that includes a women's health GP, menopause specialist, obstetrician and gynaecologists, gynaecologic oncologist, medical oncologist, general surgeon, physician in infection management, specialist pain medicine physician, physiotherapist, psychologist, sexologist and counsellor, genetic counsellor, midwife, and clinical and research nurses.

This integrated approach allows us to provide seamless care; you are treated as a whole person, not just a disease or a condition. The difference this can make to your quality of life is profound.

Take for example a case like Angelina Jolie's. While she has bravely gone public about having both her ovaries removed after a double mastectomy, to reduce her risk of ovarian cancer, little mention has been made about the effects this surgery can have on her libido and relationship; what it means for her biological daughters; or how it will impact her self-identity.

Our holistic care model would support her through all these issues. Prior to surgery, she would have met with our menopause specialist to ensure she knew exactly what to expect physically and emotionally. We'd broach the seemingly taboo subject of sexual dysfunction and intimacy, and help her and her partner through it.

Our physiotherapist would help her strengthen her body pre and post surgery with pelvic floor exercises. When operating,



if appropriate, our gynaecological oncologist would use minimally invasive or robotassisted surgery to help speed recovery.

Longer term, our menopause specialist would monitor her wellbeing and ensure constancy and completeness of care. We'd even help her daughters be proactive about their health, with genetic counselling and screening.

Of course, all you may need from us is a Pap Test every two years. That's fine. However, isn't it reassuring to know that if you need more support, the team is ready?

Whatever you come to see us for, our comprehensive and integrated approach ensures you will always receive the best care possible.

WOMEN stands for Western Australia Oncology, Menopause, Endometriosis and New mothers.

We provide treatment and support for:

- Pregnancy and post-natal care
- Pap smear concerns
- Prolapse, incontinence and discharge
- Heavy periods, fibroids and ovarian cysts
- Endometriosis and chronic pelvic pain
- Complex medical conditions requiring contraception
 Issues arising from surgical and natural menopause
- Cancers of the reproductive system
- Management of cancers with cancer medicine/ therapy
- Risk reduction surgery for cancer
- Minimally invasive gynaecological surgery via laparoscopic or robot-assisted approach
- Genetic counselling and testing
- Sexual intimacy enhancement
- Psychology
- Physiotherapy
- Exercise physiology

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